

Parent & Child Activity Calendar

Early Childhood

Watertown Preschool Collaboration
and Family Resource Center



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2018					1 Keep a library basket as home base for library books. You'll save money on overdue fines!	2 Give your child tickets worth 30 minutes of screen time. Unused tickets may be cashed in for treats.
3 Measure your child's height. Keep a record, then measure again in December.	4 At dinner tonight, talk about the best parts of your day. Ask family members to share theirs, too.	5 List animals your child loves. If he could have any animal as a pet, which would it be? Why?	6 Put various objects on a tray. Have your child close her eyes and name as many as she can remember.	7 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	8 Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.	9 At the grocery store, let your child pick out an unfamiliar vegetable. Find a recipe and give it a try!
10 Dim the lights and slowly move the beam of a flashlight across the floor. Ask your child to jump on the beam.	11 Celebrate your child's favorite color. Wear it today. Serve food that color. Look for it wherever you go.	12 With your child, learn to say <i>hello</i> in two other languages.	13 Talk with your child about the different food groups and how many servings of each you should eat daily.	14 Show your child a picture of a rainbow. Can he name the colors?	15 Allow your child to invite two friends over. Ask each child to bring one book. Read each book to the children.	16 Read the comics to your child. Preschoolers especially love the ones with sound words like <i>thunk!</i>
17 Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.	18 Play I Spy. "I spy something red." Let your child guess what it is. Then it's her turn to "spy" something.	19 Let your child help with a household chore today. Remember to thank him when he finishes.	20 On a sunny day, stand on a sidewalk and trace your shadows with chalk.	21 Make your own paint! Blend 1/2 cup flour with 1/2 cup salt. Mix in 1/2 cup water and add a few drops of food coloring.	22 Start a family scrapbook. Collect souvenirs, photos and other mementos. Look through it together often.	23 Go for a walk with your child today.
24 Help your child make a card for a family member. She can draw on the front, and you can write on the inside.	25 Help your child do something nice for someone else today.	26 Talk about summer and what the weather is like. What activities can your child do in the summer?	27 Make a puzzle with your child. Glue a picture from a magazine onto cardboard. Cut it into puzzle shapes.	28 Have your child draw a window picture. He can look out the window and draw what he sees!	29 Have your child roll and bend things.	30 Visit the library with your child. Check out a picture book about horses.