

# Parent & Child Activity Calendar

Early Childhood

Watertown Preschool Collaboration  
and Family Resource Center



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 2018</b>					<b>1</b> Keep a library basket as home base for library books. You'll save money on overdue fines!	<b>2</b> Give your child tickets worth 30 minutes of screen time. Unused tickets may be cashed in for treats.
<b>3</b> Measure your child's height. Keep a record, then measure again in December.	<b>4</b> At dinner tonight, talk about the best parts of your day. Ask family members to share theirs, too.	<b>5</b> List animals your child loves. If he could have any animal as a pet, which would it be? Why?	<b>6</b> Put various objects on a tray. Have your child close her eyes and name as many as she can remember.	<b>7</b> Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	<b>8</b> Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.	<b>9</b> At the grocery store, let your child pick out an unfamiliar vegetable. Find a recipe and give it a try!
<b>10</b> Dim the lights and slowly move the beam of a flashlight across the floor. Ask your child to jump on the beam.	<b>11</b> Celebrate your child's favorite color. Wear it today. Serve food that color. Look for it wherever you go.	<b>12</b> With your child, learn to say <i>hello</i> in two other languages.	<b>13</b> Talk with your child about the different food groups and how many servings of each you should eat daily.	<b>14</b> Show your child a picture of a rainbow. Can he name the colors?	<b>15</b> Allow your child to invite two friends over. Ask each child to bring one book. Read each book to the children.	<b>16</b> Read the comics to your child. Preschoolers especially love the ones with sound words like <i>thunk!</i>
<b>17</b> Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.	<b>18</b> Play I Spy. "I spy something red." Let your child guess what it is. Then it's her turn to "spy" something.	<b>19</b> Let your child help with a household chore today. Remember to thank him when he finishes.	<b>20</b> On a sunny day, stand on a sidewalk and trace your shadows with chalk.	<b>21</b> Make your own paint! Blend 1/2 cup flour with 1/2 cup salt. Mix in 1/2 cup water and add a few drops of food coloring.	<b>22</b> Start a family scrapbook. Collect souvenirs, photos and other mementos. Look through it together often.	<b>23</b> Go for a walk with your child today.
<b>24</b> Help your child make a card for a family member. She can draw on the front, and you can write on the inside.	<b>25</b> Help your child do something nice for someone else today.	<b>26</b> Talk about summer and what the weather is like. What activities can your child do in the summer?	<b>27</b> Make a puzzle with your child. Glue a picture from a magazine onto cardboard. Cut it into puzzle shapes.	<b>28</b> Have your child draw a window picture. He can look out the window and draw what he sees!	<b>29</b> Have your child roll and bend things.	<b>30</b> Visit the library with your child. Check out a picture book about horses.