

Parent & Child Activity Calendar

Watertown Preschool Collaboration
and Family Resource Center



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Think of "what if" questions to ask your child. Ask her: "What if you walked on your hands?" "What if dogs could talk?"	2 Work on balance today. Have your child walk backward, then stand on one foot, and then walk in a straight line.	3 Encourage your child to be a gracious winner and a good loser.	4 Talk about the word <i>independence</i> with your child today. What does it mean?	5 Freeze fruit juices in ice cube trays to make popsicles. Enjoy them with your child.	6 Take your child to a playground. Encourage him to swing, climb and use the slide.	7 If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."
8 Talk about favorite songs. Ask your child why she likes her favorite song.	9 Ask family members, "If you were an animal, which animal would you be and why?"	10 Cut out several shapes from heavy paper. Have your child glue them together in a pattern to make a "quilt."	11 Have your child lie down on the driveway or sidewalk. Trace his body with chalk. Let him decorate the drawing.	12 Help your child make a bookmark. She can decorate a strip of paper and you can cover it with clear tape.	13 Go on a counting walk with your child. Pick something to count (cars, signs, birds, bikes) and keep track.	14 Let your child help you wash the car. Or wash toys outside together.
15 Is your child turning into a summer couch potato? Limit TV time and encourage outdoor play.	16 Play a game with your child today. It can be an active outdoor game or a quiet board game.	17 Help your child plant seeds from a fruit he's eaten. Plant them in a paper cup, water them and see if they grow.	18 Give your child opportunities to make choices. "Will you wear the blue shirt or the white shirt today?"	19 At dinner, have each family member say something nice about every person at the table.	20 Place items in a shoe box. Cut a hole in the lid and have your child reach in. Can he guess what the items are by touch?	21 Show your child how her shadow moves. Look at shadows at different times of the day. Do they change?
22 Go for a bug hunt outside. How many different kinds can your child find? Which is the biggest? The smallest?	23 Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	24 Help your child measure something with a ruler. Count the inches together.	25 Are you taking a bus or car trip with your child? Don't forget to take along some audiobooks.	26 Make tonight a screen-free night. Have a family reading night instead.	27 Play the "last word" game. "A fire is hot, but ice is ____." Have your child fill in the last word.	28 Look for a free concert or play you can attend with your family.
29 Have a summer picnic! Spread a blanket and enjoy an outdoor meal with your child.	30 Give family members marshmallows and toothpicks. See who can build the tallest tower.	31 Have your child close her eyes and tell you everything she hears.	<h1>July 2018</h1>			