

Parent & Child Activity Calendar

Watertown Preschool Collaboration
and Family Resource Center



THE PARENT INSTITUTE

Parent & Child Activity Calendar

Early Childhood Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2018			1 Remind your child that you enjoy his company and let him know you love him.	2 Give your child a bucket of water and a paint brush. Encourage her to "paint" on the sidewalk.	3 Set an example for your child. Let him see you reading. Then say, "Reading is so much fun!"	4 Plan to do a special activity with your child today.
5 Have your child put an ice cube outside in the sun. What happens after five minutes? After 10 minutes?	6 Challenge your child to draw an upside-down picture today.	7 Help your child practice saying her name and your phone number.	8 Find a kid-friendly recipe. Help your child make that dish today.	9 Help your child pour rice or water from one container to another.	10 Talk about the importance of fruits and vegetables for healthy bodies. Let your child help you prepare some.	11 Have your child look for "buried treasure." Make a map that leads to a small treasure.
12 Make your own rain. Turn on the sprinkler and run through it with your child.	13 Write your child a message in a secret code. Draw an eye, then a heart, then the letter U."	14 Teach your child a tongue twister such as, "She sells seashells by the seashore."	15 Have your child rub two stones together for a few minutes. Do they feel hot? The heat is caused by friction.	16 Eat outside tonight! Let your child choose at least one menu item.	17 Go outside and let your child practice batting a ball off several stacked-up boxes.	18 Have a reading picnic with your child. Take some books, a snack and a blanket to sit on.
19 Tonight, look at the moon. Is it a crescent, full circle or half circle? Draw the shapes and let your child choose.	20 Make bubble solution with 1/8 cup of dishwashing liquid and one cup of water. Who can make the biggest bubble?	21 Tell your child some family stories as you show him family pictures. See if he can identify any of the people.	22 Even if your child will not be starting school this year, let her pick out some new supplies, like crayons and paper.	23 Poke holes in egg carton cups. Fill with soil. Plant two seeds in each. Keep them wet and well-lit. What happens?	24 Have your child try walking on a curb or low ledge to practice balancing. Stay close by and supervise.	25 Visit a zoo or park. Observe some animals. Ask your child to walk like they do.
26 Books that win the Caldecott medal have great illustrations. Help your child find one at the library.	27 Have your child practice throwing various sizes of balls into a box. Increase the distance to challenge your child.	28 Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.	29 Have your child draw a picture of the weather during the morning and another during the afternoon.	30 Tell your child that fall is coming. Talk about things to expect, such as cooler weather and autumn colors.	31 Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	