

# Parent & Child Activity Calendar

Watertown Preschool Collaboration  
and Family Resource Center



THE PARENT INSTITUTE

## Parent & Child Activity Calendar

Early Childhood Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August 2018</b>			<b>1</b> Remind your child that you enjoy his company and let him know you love him.	<b>2</b> Give your child a bucket of water and a paint brush. Encourage her to "paint" on the sidewalk.	<b>3</b> Set an example for your child. Let him see you reading. Then say, "Reading is so much fun!"	<b>4</b> Plan to do a special activity with your child today.
<b>5</b> Have your child put an ice cube outside in the sun. What happens after five minutes? After 10 minutes?	<b>6</b> Challenge your child to draw an upside-down picture today.	<b>7</b> Help your child practice saying her name and your phone number.	<b>8</b> Find a kid-friendly recipe. Help your child make that dish today.	<b>9</b> Help your child pour rice or water from one container to another.	<b>10</b> Talk about the importance of fruits and vegetables for healthy bodies. Let your child help you prepare some.	<b>11</b> Have your child look for "buried treasure." Make a map that leads to a small treasure.
<b>12</b> Make your own rain. Turn on the sprinkler and run through it with your child.	<b>13</b> Write your child a message in a secret code. Draw an eye, then a heart, then the letter U."	<b>14</b> Teach your child a tongue twister such as, "She sells seashells by the seashore."	<b>15</b> Have your child rub two stones together for a few minutes. Do they feel hot? The heat is caused by friction.	<b>16</b> Eat outside tonight! Let your child choose at least one menu item.	<b>17</b> Go outside and let your child practice batting a ball off several stacked-up boxes.	<b>18</b> Have a reading picnic with your child. Take some books, a snack and a blanket to sit on.
<b>19</b> Tonight, look at the moon. Is it a crescent, full circle or half circle? Draw the shapes and let your child choose.	<b>20</b> Make bubble solution with 1/8 cup of dishwashing liquid and one cup of water. Who can make the biggest bubble?	<b>21</b> Tell your child some family stories as you show him family pictures. See if he can identify any of the people.	<b>22</b> Even if your child will not be starting school this year, let her pick out some new supplies, like crayons and paper.	<b>23</b> Poke holes in egg carton cups. Fill with soil. Plant two seeds in each. Keep them wet and well-lit. What happens?	<b>24</b> Have your child try walking on a curb or low ledge to practice balancing. Stay close by and supervise.	<b>25</b> Visit a zoo or park. Observe some animals. Ask your child to walk like they do.
<b>26</b> Books that win the Caldecott medal have great illustrations. Help your child find one at the library.	<b>27</b> Have your child practice throwing various sizes of balls into a box. Increase the distance to challenge your child.	<b>28</b> Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.	<b>29</b> Have your child draw a picture of the weather during the morning and another during the afternoon.	<b>30</b> Tell your child that fall is coming. Talk about things to expect, such as cooler weather and autumn colors.	<b>31</b> Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	