

Parent & Child Activity Calendar

Early Childhood

Watertown Preschool Collaboration
and Family Resource Center



THE
PARENT
INSTITUTE

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2018						1 Have a "goodbye to summer" picnic today. Talk with your child about the great times you had together over the summer.
2 Make a habit of using Sunday nights as a time to talk with your child about the week ahead.	3 Celebrate your child's accomplishments with a "can-do" list: "Maria can: run, count to 10, zip her coat." Post the list!	4 Paste a magazine picture on cardboard. Punch holes in the picture. Have your child thread a shoelace through the holes.	5 Encourage your child to look at a familiar thing in a new way. A shoebox can be a doll's bed; a cereal box can be a house.	6 Talk about the things your child can do with his body: walk, eat, wave, smell, throw. Which parts does he use for each?	7 Join your child for a few minutes of pretend play today.	8 Look outside at different times today and describe the weather using words such as <i>sunny</i> , <i>cloudy</i> or <i>rainy</i> .
9 Talk about your family's fall routine. Make plans to eat at least one meal a day together.	10 Learn a new word at breakfast. Help your child use it three times during the day.	11 Emphasize the concepts of <i>now</i> and <i>later</i> . Say, "Now we'll clean up. Later we'll eat lunch."	12 September is Library Card Month. Make sure everyone in your family has a library card.	13 Ask your child questions that require more than a <i>yes</i> or <i>no</i> answer: "What was your favorite part of the story?"	14 Put items such as rocks or acorns in a jar. Ask your child to guess the number of items. Count them together.	15 Exercise with your child. Try touching your toes, doing sit-ups, running in place or stretching your arms and legs.
16 Show your child some photos of herself at different stages of life. See if she can tell in which photo she was youngest.	17 Play Silly Simon Says. Tell your child to pick up a block without using his hands, or to talk without opening his mouth.	18 Ask your child what people make up a family (mother, aunt, child.) Tell her there are many kinds of families.	19 Have your child pretend to be a Jack-in-the-box (springing up from the floor) or a rag doll (lying relaxed on the floor).	20 Wrap masking tape sticky-side out around your child's fingers. Let him use his "sticky hand" to pick up small light objects.	21 Transportation is getting from place to place. Talk about the ways to do this. Walking, riding in a car, etc.	22 Use leaves to help your child practice following directions: "Take some leaves off this pile and make a smaller pile."
23 Read your child a book this morning.	24 Talk about <i>bappy</i> and <i>sad</i> feelings. Have your child give examples of actions or words that make her feel good or bad.	25 Give your child a ball. Ask him to place it <i>on</i> the table, <i>under</i> the table, <i>next</i> to the table and <i>in front</i> of the table.	26 Give your child measuring spoons. Ask her to line them up from biggest to smallest. Then nest them one inside another.	27 Ask your child to name some changes that take place in the fall. (Leaves change color, days are colder, etc.)	28 Talk about the difference between pets and other animals. Ask your child if a dog makes a good pet. How about a tiger?	29 Make traffic lights to teach safety signals. Paint one paper plate red, one yellow and one green. Glue to a cardboard tube.
30 Play a game of tic-tac-toe.						